

Chair's Update

Do you know how much your parish council have given away in grants and support to village organisations over the last 4½ years? We added up the totals the other day and discovered it's an amazing £96,729! Of that amount, £61,030 has gone to organisations providing activities for people of all ages, and £35,699 to youth-related activities. These grants are on top of the money we spend on your behalf from council tax to keep the village in good order – like grass cutting and ground maintenance, mending or replacing gates, providing extra dog and litter bins, etc, maintaining and insuring council assets; and leasing three allotment areas and the Recreation Ground from the Duchy of Cornwall for all our residents to use and enjoy. We've got four main groups in our village who receive support: the Sports & Recreation Trust and all its associated groups like Stoke Performing Arts, Charity Shop, May Fayre etc; our village hall (the Memorial Hall); youth groups; and all the other small organisations grouped together. We provide them with support in the form of annual grants towards operating costs and insurance, one-off grants for specific things, etc.

The totals over the past 4½ years are: -

| | |
|-------------------------|----------------|
| Sports & Rec Trust orgs | £39,998 |
| Memorial Hall | £25,294 |
| Other adult groups | £ 5,738 |
| Youth organisations | <u>£25,699</u> |
| | £96,729 |

We're proud of the way we have been able to support our village organisations, and councillors will continue to listen to your concerns and needs in the future and respond wherever we can. Our next full parish council meeting is on Wednesday 5th September.

Contact details: Barbara Brooks, Chair of the Parish Council

Tel: 824432; Email: chairsshpc@hotmail.com

Tamarisk, High St (opp. Working Men's Club)

STOKE ACTIVE WALKERS

Tuesday 4th September 2018

Today we begin our walk by going along Bowey and up to the Monument. We will follow the footpath past 'The Frying Pan' and along to the Prince of Wales where we will then follow the footpath to Fairy Land. Once we've gone through Fairy Land we will go down across the field and along the road towards Odcombe. From there we will then go across the field which will take us around the back of Bagnell Farm, and back along the footpath to the Lord Nelson for lunch.

We meet at 10.30am at Sea Wall, about 50 yards on the Montacute side of Bonnies Lane. Please wear suitable boots or shoes and clothing according to the weather. All our walks are free, and we welcome new walkers to our friendly group. Well behaved dogs are also welcome. ALL WALKS ARE UNDERTAKEN AT THE WALKERS OWN RISK. For more information please contact Norman on 01935 822792.

HAMDON MEDICAL CENTRE 'FLU VACCINATIONS

THIS YEAR BY APPOINTMENT

This year's 'flu vaccinations will be BY APPOINTMENT ONLY for patients that are in an 'At Risk' group including all patients aged 65 years and over and those with a chronic disease (such as heart, lung, liver or neurological disease). Patients who have diabetes, a weak immune system, that are pregnant, seriously overweight or are carers are also entitled to a 'flu vaccination together with Health and Social Care staff who work in registered care/nursing homes and registered domiciliary care providers (care agencies).

To book an appointment please ring 01935 827003 or 01935 827004 between 9.00am and 10.30am or 4.30pm and 5.30pm Monday to Friday from 17 September 2018.

If you have a pre-booked appointment with a Nurse or Technician from the end of September, you can request to have your 'flu jab at this appointment.

If you are housebound and cannot attend the surgery (friends, relatives and taxis are unable to bring you), please contact the surgery as above.

VOLUNTEER NEEDED

We are looking for someone to join us as a Secretary for the Memorial Hall. If you have good Word skills, can spare a couple of hours every two months to take minutes at our committee meetings, we'd love you to join our friendly team. Please contact me on chairsshpc@hotmail.com for more information. Barbara Brooks

WWI COMMEMORATIVE WEEKEND

The History Group are holding an exhibition of Stoke sub Hamdon during WWI on 10th and 11th November at the Working Men's Club. In conjunction with this, on the Saturday there will be an evening of music by Stoke Silver Band and some young local singers to commemorate the start of the Great War. The evening will start at 6.30pm with a buffet and a raffle will be held during the evening with all proceeds going to the Royal British Legion Poppy Appeal. After the Remembrance Service on Ham Hill on the Sunday tea and coffee will be served in the Working Men's Club giving everyone an opportunity to look around the exhibition. Look out for further information in next month's newsletter.

STANCHESTER QUILTERS

Come along to the 'Patchwork' exhibition of quilts by Stanchester and Ash Quilters at All Saints Parish Church, Martock on Friday, 7th and Saturday, 8th September between 10am and 4pm. Admission is free. There will be dozens of quilts on display, a quilt raffle, sales tables (including quilts for sale) and a bag tombola. All proceeds will be in aid of Cancer Research. Lunches, tea and coffee are available, and proceeds will be in aid of church funds.

SONG BUS SINGING GROUP

The Song Bus Singing Group will be starting on 4th September between 1.45pm and 2.45pm for ages 0-4 years. Sessions will be held weekly on a Tuesday in the All Saints Hall. For more information please contact Jeanette Rumbelow on 06749733686.

STOKE BABY AND TODDLER GROUP

We are happy to announce that our first session back with Thursday 6th September. We welcome babies and children of all ages under 5 with their parent/carer. Stoke Baby and Toddler Group runs every Thursday morning during term time (9.30 – 11.30am) at the Memorial Hall. The first session is free for newcomers and then £2 per family. The hall is a great space for children to burn off some energy especially as the weather gets colder. There are plenty of toys to entertain such as Duplo, dressing up, Brio train tracks and baby toys to name just a few. The weekly fee also includes a baby/toddler friendly activity such as sensory play, soft play or craft activity and, a snack for the children. Parents/carers can have a chat whilst having a hot drink and slice of cake! We look forward to welcoming you and meeting some new faces.

STOKE CHARITY SHOP JUMBLE SALE

Saturday, 15th September between 2-4pm, Stoke Working Men's Club. Stoke Charity Shop is holding a Jumble Sale in the function room at Stoke Working Men's Club. Clothes, books, games, toys, bric-a-brac, refreshments, raffle and more. Come along, grab a bargain and have some tea and cake. Admission 50p.

EVERY STEP COUNTS AND HEALTH WALKS

Why not come along and join us on our led walks and enjoy seeing the lovely, everchanging countryside around Stoke. You will receive a warm welcome, lively conversation and the opportunity for a cup of tea or lunch at the Lighthouse Café after the walks.

We meet on the 2nd and 4th Mondays of each month and both walks start and end at the Lighthouse Café opposite the Fleur de Lis pub.

'Every Step Counts' walks begin at 9.30am and last approx. 30 to 40 mins, walking on pavements or paths around the village.

Health Walks start at 10.30am and last approx. 90 minutes, walking along tracks, footpaths and occasionally ascending Ham Hill and visiting neighbouring villages.

Just turn up, wearing suitable clothing and shoes for the weather.

If you would like more information, please contact any one of the four trained walk leaders: Mark & Jane 07736032971 Penny 822208 or Anne 826256

GARDENING CLUB

Stoke sub Hamdon Gardening Club would like to thank everyone from the village and further afield, who came to support their annual Flower, Produce and Craft Show on Saturday 4th August. The weather was extremely sunny and warm, the kitchen did a roaring trade with home-made cakes, teas, coffee and ploughman's lunches and the exhibits were fabulous. Our thanks to everyone who helped to make our event a success.

Our next scheduled event is Wednesday 26th September when Stephen Griffiths will talk about Abbotsbury Gardens Past, Present and Future in the Memorial Hall with the doors opening at 7.00pm. Please feel free to come along (a small fee of £2 is charged to non-members) when you can be assured of a warm welcome and who knows, you may decide you would like to join our friendly club.

POP IN

Pop In meet at the Oak Tree House on Thursday afternoons at 2.30pm.

We like to chat over tea and cake and join in games such as board games and Boccia or listen to a speaker from a variety of backgrounds.

We realise that many people are missing out on socialising with us because they need transport. Is there anyone in Stoke sub Hamdon who would have a few hours free on Thursday afternoon to pick up a few older people from the Stoke sub Hamdon area and drive them to and from the group? We will pay 45p a mile for petrol.

If you would be interested, please contact Paul on 07770348767 or Cath on 07968521746.

STOKE SUB HAMDON SPORTS AND RECREATION TRUST

Stoke sub Hamdon Sports and Recreation Trust invites you to join them in raising funds for the village with an evening of entertainment provided by the fabulous Liberty Sisters (Vintage Vocal Trio) who will be performing at the Memorial Hall, Stoke sub Hamdon on Saturday, 20 October 2018.

Doors and bar open from 6.30 pm with performance commencing at 7.30 pm. Tickets are £15 to include a two-course hot supper. Please call the Box Office on 01935 824784 to book. Feel free to dress in style and come and dance the night away!

AFRICAN DJEMBE DRUMMING CLASSES

Organic Rhythm's fun and friendly adult drum classes are back for the autumn 2018!

1. Twice-monthly Friday morning (10am-12noon) classes at Stoke Working Men's Club (side entrance). Sept 14/28, Oct 12/26, Nov 9/23. £20 per month*.

2. Our NEW monthly Wednesday EVENING CLASSES (6.30pm-8.30pm) at the Lighthouse Café. Sept 19, Oct 17, Nov 21. £10 per class*.

All classes include tea/coffee and drum hire if required. Beginners and those with some experience are all welcome. BANG ON!

Contact Sharon Stone on 07966 613724 for details and to book your place for the above classes. *Advanced booking is now required. www.facebook.com/organicrhythmdrumming
www.organicrhythm.co.uk

HAMDON COMMUNITY ARTS PROJECT

Sunday 2nd September at 2.30pm

Musical entertainment featuring a programme of folk, blues and light jazz music with the popular sisters Wendy Partridge and Linda Redman. See the website below for more information on this talented duo. Tickets are £5 and include a cream tea.

Please book tickets by calling 824064 from 9am-5pm. This is an answerphone so please leave a clear message including your phone number and we will contact you.

This will be a fantastic event for music lovers of all ages and It may also be your last opportunity to see inside this beautiful building and experience the terrific acoustics.

<https://www.yeovil arts.co.uk/events/a-ycaa-café-with-sister-act.html>

BIRDS, OCEANS AND FLOWERS

Sheila Bowman, Lee Allen and Peter Waterfall present an exciting exhibition by 3 Somerset Artists:

Bird wood carvings, paintings of oceans, flowers, scarecrows and chickens at the Malthouse Gallery, East Lambrook Manor Gardens. Silver Street, South Petherton TA13 5HH; Free entry 3pm to 5pm on Saturday September 22nd and then from 10am to 5.00pm on 25th September to 5th October excluding Sundays and Mondays.

STOKE BAND

The band will be giving a free concert at the Prince of Wales on Ham Hill on Saturday, 1st September. Please come and enjoy the music.

The band's AGM will be held on Thursday 20th September at 8:00pm in the band room at the former URC. This is an open meeting, everyone is welcome.

HAMDON YOUTH GROUP

Hamdon Youth Group provides a welcoming place for young people to meet in our villages. In STOKE we continue to run two sessions on Monday evenings in the Lighthouse Café, divided into two age groups.

The session from 6.30 -8.00pm is for young people from school years 6-9 and from 8.00 – 9.30pm is for Years 9 and older.

In Norton on Wednesday evenings in the Meeting Room of Norton Village Hall.

Check our Facebook page for latest info: <https://www.facebook.com/hamdonsyouthgroup>

For more information please contact Lou Chant on 07402987921 or email lou.chant@cyp.me

DIARY OF EVENTS:

SEPTEMBER

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| 1 st | Stoke Band – Free Concert at Prince of Wales |
| 2 nd | HCAP – Musical Entertainment |
| 4 th | Stoke Active Walkers |
| 7 th & 8 th | Patchwork |
| 10 th | Every Step Counts & Healthy Walks |
| 14 th | African Drumming morning |
| 15 th | Charity Shop Jumble Sale |
| 19 th | African Drumming evening |
| 20 th | Stoke Band AGM |
| 24 th | Every Step Counts & Healthy Walks |
| 24 th | Somerset Sight |
| 26 th | Gardening Club Talk – Abbotsbury Gardens |
| 28 th | African Drumming morning |

OCTOBER

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|------------------|---|
| 8 th | Every Step Counts & Healthy Walks |
| 12 th | African Drumming morning |
| 17 th | African Drumming evening |
| 20 th | Sports & Recreation Trust – Liberty Sisters |
| 22 nd | Every Step Counts & Healthy Walks |
| 26 th | African Drumming morning |

NOVEMBER

10th & 11th WWI Commemorative Exhibition

DECEMBER

8th Christmas Concert

15th Carols on the Hill at Prince of Wales